Digital Friends – best practice: Challenges and solutions

Starting point: COVID-19-situation and isolation

Launched:	October 2020
Purpose:	Reduce isolation and loneliness
Method:	Volunteer and RMD-friend call on the phone
Can request:	Same RMD, gender, geography, age etc.

Challenges:

- Recruiting volunteers and RMD-friends
- ... and keeping them

Solutions:

- Make awareness of the project; use all of your communication channels.
 And keep reminding people again and again and ...
- Be aware of the type of project (and volunteers) and accept that the demands change due the reopening of the society post COVID-19



91 volunteers *12 well known, 79 new*





