

# E-Book "Management of Fibromyalgia in Europe"

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## Introduction

It is estimated that 4.7% of the European population suffers from Fibromyalgia (5.8% women and 3.5% men)\* a disease recognized by the World Health Organization.

Over the past 13 years of ENFA's existence, we have heard the reports of all member organizations from our network, with the focus in their struggles at national level, to create better conditions for these patients.

## Objectives

Create a record at European level of the state of the art of Fibromyalgia in each country.

## Methods

Through a questionnaire we were able to get responses from 15 countries.



## Results

There is no legislation to support these patients, either at national or European level; that many health professionals still do not believe in the existence of FM, that much work is still needed to raise literacy and awareness for both society in general as for the patients, etc.

## Outcomes

Through this project, we can create other activities in the future, which in some way can help our member national associations to overcome these difficulties.

## Conclusion

A lot of work is still needed at European and national level, for these patients to have legislation to support them, better access to health.



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\*Branco J, Bannwarth B, Failde I, et al. Prevalence of fibromyalgia: a survey in five European countries. Semin Arthritis Rheum.2010;39:448-53. A large, nationwide epidemiological study of FM in France, Germany, Italy, Portugal, and Spain)