

## 1<sup>st</sup> EULAR Autumn Course Days

*New avenues in education: Mixing the formats*

**Berlin, Germany**

**Friday, 9 October 2020 – Saturday, 10 October 2020**



# ORGANISATION & COMMITTEE

## Scientific Organisers

- Frank Buttgereit (Germany)
- Annamaria Iagnocco (Italy)

## Faculty

- Daniel Aletaha (Austria)
- Tobias Alexander (Germany)
- Frank Buttgereit (Germany)
- Gerd Rüdiger Burmester (Germany)
- Christian Dejaco (Italy) – Scientific Co-Organiser
- Laure Gossec (France)
- Bernhard Hellmich (Germany)
- Willem Lems (The Netherlands) – Scientific Co-Organiser
- Sofia Ramiro (the Netherlands)
- Andrea Rubbert-Roth (Switzerland)
- Zoltan Szekanecz (Hungary)

## Active junior fellows

- tba

## Organising secretariat

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## GENERAL INFORMATION

### Course venue & hotel

Eurostars Berlin  
Friedrichstraße 99, Berlin 10117, Germany  
W: [www.eurostarshotels.co.uk/eurostars-berlin](http://www.eurostarshotels.co.uk/eurostars-berlin)

### Course dates

Friday, 9 October 2020 (Start at 15:00) – Saturday, 10 October 2020 (End at 13:30)

### Participants

54 participants maximum

### Official language

English

### Target audience

- young rheumatologists (in training or within five years of their registration as a rheumatologist)

### Course certification

A certificate of attendance will be available after the course on your EULAR School user account. 100% course attendance is required

### Registration

- Please register for the course via the EULAR School of Rheumatology course page: <https://esor.eular.org/>
- If you do not have a EULAR School of Rheumatology account, you will need to create one before registering for the course.
- No application requirements

**Registration deadline:** 1 September 2020

Early registration is advisable. Number of participants is limited.

### Bursary

EULAR grants 10 bursaries in the amount of EUR 200 each. Please apply with your CV, motivation letter and (if any) publication list via the registration system.

**Bursary application deadline:** 12 August 2020

**Notification:** end of August 2020

## Course fee

**200 €** (VAT included), package includes:

Friday, 9 October 2020

- Full access to the 1<sup>st</sup> EULAR Autumn Course Days
- 1-night accommodation at the Eurostars Berlin hotel in a single room with breakfast on Saturday
- Welcome coffee break
- Dinner

Saturday, 10 October 2020

- Full access to the 1<sup>st</sup> EULAR Autumn Course Days
- Morning coffee break

## COURSE DESCRIPTION

For rheumatology and medicine in general it clearly holds true that only well-educated and well-trained medical doctors can comprehensively and rapidly translate recent advances into clinical medicine in order to achieve optimal clinical outcomes as well as to improve quality of our patients' life. Therefore, education and training are necessities for success. At the same time, they represent a complex matter since modern and effective training methods and techniques are used to continuously teach new facts, theories and book-knowledge, refresh memories, and gain and improve practical skills.

In this regard, our **1<sup>st</sup> EULAR Autumn Course Days** has been designed to explore new avenues in education by purposely mixing modern teaching formats. Our course aims to provide insights into several different diagnostic and therapeutic aspects of the modern management of RMDs but also addresses current controversies in these fields through a series of interactive debates, round-table discussions, workshops and seminars.

In this unique 2 half-days course, attendees will have an opportunity to network and have intensive interactions with experts in the field, as well as to present own ideas during round table discussions and workshops. Evaluation and feed-back from participants and instructors will be collected in order to further optimise future events designed in this modern teaching format.

## Learning objectives

- To provide current information on the best use glucocorticoids.
- To gain experience on glucocorticoid-induced osteoporosis, psoriatic arthritis, Takayasu arteritis, and systemic lupus erythematosus.
- To discuss optimal use of DMARD therapy in RMDs, maintenance therapy in vasculitis and connective tissue diseases, physical examination in SpA, and management of giant cell arteritis and early rheumatoid arthritis.
- To enhance collaboration within the EULAR network in all fields of rheumatology.

## Detailed Programme

Day 1 – Friday, 9 October 2020

Time	Format	Type of session & Title	Speakers / Moderator
15:00 – 15:30	<b>REGISTRATION &amp; WELCOME COFFEE</b>		
15:30 – 16:25	<b>Opening Session:</b> The Big Debate on Pros and Cons of using glucocorticoids!	<b>LEARN ...</b> from case to evidence!  Different views on glucocorticoid therapy: Glucocorticoids are toxic versus glucocorticoids are not toxic!	<b>Welcome:</b> F. Buttgereit <b>Case presentation:</b> G. Burmester <b>Pro GC:</b> F. Buttgereit <b>Con GC:</b> A. Rubbert-Roth <b>Discussion:</b> G. Burmester, F. Buttgereit, A. Rubbert-Roth
16:30 – 17:10	<b>Round table discussion</b>	<b>DISCUSS ...</b> Current controversial issues (parallel running discussions)	
		<b>Table Hungary:</b> How to use DMARD therapy in the treatment of RMDs after malignancy?	Z. Szekanecz & participating junior fellow from Hungary
		<b>Table The Netherlands:</b> How long should remission maintenance therapy be kept in vasculites and connective tissue diseases?	W. Lems & participating junior fellow from The Netherlands
		<b>Table France:</b> What is the value of physical examination in axial SpA?	L. Gossec & participating junior fellow from France
17:15 – 18:45	<b>Pre-Dinner Quiz</b>	<b>GET SURPRISED ...</b> by interactively presented cases	... presented by: C. Dejaco S. Ramiro
19:00 – 22:00	<b>Networking &amp; Dinner</b>	<b>PERFORM NETWORKING ACTIVITIES!</b> Dinner activity: 15 min Brain jogging	F. Buttgereit

## Day 2 – Saturday, 10 October 2020

Time	Format	Type of session & Title	Speakers / Moderator
08:30 – 10:00	<b>Discuss the state of the art in a seminar</b>	<b>BE ACTIVE!</b> (parallel running seminars)	
	<b>A)</b>	How to diagnose, treat and monitor giant cell arteritis today?	C. Dejaco & participating junior fellow from Italy
	<b>B)</b>	How to manage (very) early rheumatoid arthritis?	A. Rubbert-Roth & participating junior fellow from Switzerland
10:00 – 10:30	<b>COFFEE BREAK</b>		
10:30 – 11:45	<b>Four meet-the professor workshops in parallel</b>	<b>WORK ON ...</b> everything you always wanted to know about managing patients with ...	
	<b>A)</b>	... glucocorticoid-induced osteoporosis	W. Lems & F. Buttgerit
	<b>B)</b>	... psoriatic arthritis	L. Gossec
	<b>C)</b>	... Takayasu arteritis	B. Hellmich
	<b>D)</b>	... systemic lupus erythematosus	T. Alexander
12:00 – 12:45	<b>Lecture: Redefining treatment targets in RA</b>	<b>LISTEN ...</b> to a good old lecture!	D. Aletaha
12:45 – 13:30	<b>Summary, open Feed-back, and anonymous evaluation</b>	<b>EVALUATE AND FEEDBACK!</b>	Participants
13:30	<b>DEPARTURE</b>		

Please, note that the programme is subject to change and will be updated continuously on the EULAR School of Rheumatology homepage: <https://esor.eular.org/>