

# **Dear colleagues!**

On October 26–29, 2021 the VIII Ukrainian National Congress of Rheumatology will be held in Kyiv (registration certificate №732 UkrISTEI dated November 25, 2021, regarding the approved events in 2021 by the Ministry of Health and the National Academy of Medical Sciences of Ukraine).

The Congress will be organized in a hybrid format, combining live (off-line) meetings, workshops (a limited number of participants) with simultaneous broadcast on the YouTube channel.

Using digital technologies, we have a unique opportunity to share the latest advances in science and clinical practice.

The program of the Congress is the result of joint efforts of the European Alliance of Associations for rheumatology (EULAR) experts and leading national scientists.

The Congress will be devoted to the most relevant topics of rheumatology and internal medicine, providing professional coverage of multidisciplinary issues and will be a great educational event for physicians of different specialties.

We are pleased to welcome the speakers of the European Alliance of Associations for rheumatology at the Ukrainian National Congress of Rheumatology:



Prof. Peter Taylor (United Kingdom) Norman Collisson Professor of Musculoskeletal Sciences Head of Experimental Rheumatology Botnar Research Centre Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford



# Prof. Ronald van Vollenhoven (Netherlands)

Amsterdam University Medical Centers Chair, Department of Rheumatology and Clinical Immunology, AMC and VUMC EULAR and FOCIS Center of Excellence Director, Amsterdam Rheumatology and Immunology Center ARC Chair, Rheumatology Research Council, READE Editor-in-Chief, Lupus Science and

Editor-in-Chief, Lupus Science and Medicine

**Prof. Daniel Aletaha (Austria)** Head of the Division and Chair of Rheumatology Department of Internal Medicine 3 Medical University of Vienna



**Prof. Josef Smolen (Austria)** Division of Rheumatology Department of Internal Medicine 3 Medical University of Vienna Editor-in-Chief, Annals of the Rheumatic diseases





- > Updated EULAR and ACR recommendations.
- > What is new in spondyloarthritis?
- COVID-19 rheumatic diseases.
- > Main issues of rheumatoid and psoriatic arthritis management.
- > Effectiveness and safety of innovative therapy in inflammatory arthropathies.
- > Advances in systemic lupus erythematosus.
- > Diagnostic and treatment challenges in systemic vasculitis.
- > Advances in the management of systemic scleroderma and inflammatory myopathies.
- > Osteoarthritis as a multidisciplinary problem.
- Gout and hyperuricemia.
- > Progress in systemic osteoporosis.
- > Infectious safety and vaccination issues in rheumatic diseases in the COVID-19 era.
- Rational approaches to non-steroidal anti-inflammatory drugs (NSAIDs), glucocorticoids, disease modifying antirheumatic drugs (DMARDs) administration.
- > Balanced approach to the biosimilars administration.
- > Juvenile onset rheumatic diseases: state-of-art status.
- > Comorbidity in rheumatology.
- > Lung involvement in rheumatic diseases.
- > Progress in the chronic pain management.
- > Advances in imaging techniques in rheumatology.
- Prospects of patients' organizations activity.

# The program of the Congress include:

- Plenary and sectional sessions;
- > Symposia, master classes from leading specialists;
- Review of comorbidity with other specialists: orthopedists-traumatologists, dermatologists, gastroenterologists, cardiologists, neurologists, pulmonologists, infectious disease specialists;
- Discussion of difficult to treat clinical cases;
- Young scientists contest;
- Poster sessions;
- Industrial symposia.

# Official languages of the Congress: Ukrainian, English

According to App. 5 to the procedure for physicians attestation (order of the Ministry of Health of Ukraine N<sup>o</sup> 446 dated 22.02.2019), the participants of the Congress will be are awarded with credits: Congress participation – 20 credits; oral presentation – 30 credits.

Participation in the VIII Ukrainian National Congress of Rheumatology is free of charge.

For young scientists, whose research will be selected to participate as oral presentation in the contest, accommodation expenses will be covered.

# Form of participation:

- ➤ oral presentation (15 min),
- oral presentation on young scientists contest (10 min),
- ➤ abstract

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Abstracts will be posted on the website **rheumahub.org.ua** as a Supplement to the «Ukrainian Journal of Rheumatology» in PDF format and will be available for free access.

Abstracts submission should be done until August 2, 2021 on e-mail **orgmetod2017@gmail.com** with a mandatory note – oral presentation, young scientists contest, poster presentation.

1. Abstracts should be made in Word format in the Congress official languages, up to 4000 characters, font Times New Roman, 12 pt. with 1 interval.

2. Abstract structure:

Title of the publication (in capital letters); authors surname and initials; affiliations, address. The abstract should be structured: the aim of the study; objectives, methods; results; conclusions.

3. One file should contain one abstract. The name of the file should be made as follows: first author surname, initials, city, work number.

**For example**: ZavgorodniyVIDnipro1 for the first work and ZavgorodniyVIDnipro2 for the second work. The file name is provided in Ukrainian without spaces and punctuation.

4. Please send authors information in the same file together with the abstracts in format: abstract title, authors, affiliations, address, contact phone and e-mail. The author authorized to contact the organizing committee should be indicated.

5. **Caution!** All medicines listed in the text of the abstract should be provided with international nonproprietary names for pharmaceutical substances, avoiding commercial name of drugs.

6. Abstracts that do not meet the requirements will be rejected by the organizing committee without the consent of the authors.

# Forms of poster presentations:

# **Off-line poster presentation:**

- Personal presence
- Poster size 90x100 m
- > The duration presentation up to 10 minutes

# **On-line poster presentation:**

- > Create your e-poster in Power Point, 6 slides
- > Font types Times New Roman, Helvetica, Arial, Calibri, Verdana or Symbol
- > Font size 14 or more points. The title should be underlined
- > Animated GIFs and videos are not allowed

# **E-poster format:**

- > Title, author(s), affiliations, email (at the top edge across the slide width)
- Disclosures
- Aim
- > Methods
- Results
- Conclusions

The text in the poster should include pictures, tables, diagrams, photos.

# **Organizing Committee:**

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#### AGENDA

# **October 26 (Tuesday)**

## HALL "A, E, F, BCD"

9: 00-9: 10 OPENING OF THE CONGRESS

Academician of the National Academy of Medical Sciences of Ukraine, President of the Ukranian Association of Rheumatologists of Ukraine, Professor V.M. Kovalenko (Kyiv)

9: 10-9:30 Problem report: Innovative technologies and progress of rheumatology: vector for the future

Academician of the National Academy of Medical Sciences of Ukraine Professor V.M. Kovalenko

9: 30-10: 30 Scientific-practical symposium: Glucocorticoids in today's conditions: how has the vector of application changed?

Moderator: prof. O.A. Golubovska (Kyiv)

1. Ways to optimize the use of glucocorticoids in systemic lupus erythematosus prof. O.B.. Yaremenko, D.I. Kolyadenko (Kyiv) - 20 minutes

2. RA in combination with COVID-associated myocarditis: the complexity of therapeutic tactics Ph.D. O.O. Garmish (Kyiv) - 20 minutes

Scientific discussion - 20 minutes

10.30-11.10 Scientific-practical symposium: Patient-oriented approach to the treatment of inflammatory arthritis
Moderator: prof. Yaremenko OB
1. Similarity of approaches and difference in challenges: "basic therapy" of rheumatoid arthritis and spondyloarthritis
Ph.D. Yu.V. Bilyavska -15 minutes
2. Treatment of patients with rheumatoid arthritis: can we achieve more?
prof. O.B.. Yaremenko -15 minutes
Answers to questions -10 minutes

11.10-12.10 Interdisciplinary discussion: Hyperuricemia: limits of interdisciplinary powers Moderator: Acad. NAMS of Ukraine VM Kovalenko Participants: prof. D.G. Rekalov, prof. I.Yu. Golovach, MD S.V. Kushnirenko

12.10-13.20 Scientific-practical symposium: Modern paradigms in the management of patients with OA on

junction of recommendations. Changing views and attitudes to treatment: the focus is collagen Moderator: prof. O.B.. Yaremenko (Kyiv)

**1.** The feasibility of using chondroprotectors in osteoarthritis: at the junction of recommendations prof. I.Yu. Golovach (Kyiv) - 15 minutes

2. A practical look at the proposed scientific advice: is consensus possible?

prof. D.G. Rekalov (Zaporizhzhya) - 15 minutes

3. Undenatured type II collagen in Health and Disease

Vijaya Juturu, Ph.D, FACN, FAND - 15 min.

4. The results of a 6-month clinical study of undenatured collagen type II in patients with osteoarthritis of the knee

prof. O.B.. Yaremenko (Kyiv) - 15 minutes

Answers to questions -10 minutes

13.20 - 14.00 BREAK

14.00-14.45 Scientific and practical symposium:
OA treatment: from recommendations to daily practice
OA treatment: from guidelines to daily practice
Participant: Francois Rano, Acad. VM Kovalenko (Kyiv), prof. NV Grigorieva (Kyiv)
Pr Francois Rannou, MD, PhD (Paris) - 30 min.
Discussion - 15 minutes.

14: 45-15: 05 Problem report: The problem of osteoporosis and alimentary calcium deficiency prof. T.F. Tatarchuk (Kyiv) -20 min.

15: 05-15: 55 Scientific and practical symposium: Psoriasis and psoriatic arthritis: a dialogue between a rheumatologist and a dermatologist Moderator: prof. D.G. Рекалов Participants: Ph.D. O.O. Garmish (Kyiv), prof. D.G. Rekalov (Zaporozhye), prof. B.V. Litvinenko (Kyiv)

15: 55-16: 55 Round table: Treatment of inflammatory arthritis in the COVID era 19
Moderator: Ph.D. O.O. Garmisch
1. How the pattern of inflammatory arthritis changed during the COVID pandemic 19
Ph.D. O.O. Garmish (Kyiv) - 20 minutes

**2.** How to restore remission after a break in the treatment of rheumatoid arthritis? prof. A.M. Gnilorybov (Kyiv) - 20 minutes

**3.** Features of basic therapy for COVID 19 and vaccination in patients with rheumatoid arthritis prof. I.Yu. Golovach (Kyiv) - 20 minutes

17: 00-18: 00

Opening of the National Congress of Rheumatologists of Ukraine
 Topical speech
 acad. NAMS of Ukraine, prof. V.M. Kovalenko (Kyiv) - 15 minutes
 Congratulations

4. Rewarding

## HALL GH 26.10

## 13.20 - 14.00 BREAK

14:00 - 17:15 Competition of young scientists Moderators: prof. O.B.. Yaremenko, Ph.D. Yu.V. Bilyavska, Ph.D. A.S. Крилова 1. Model of experimental induction of systemic scleroderma: focus on remodeling of the respiratory lungs B.V. Doskalyuk (Ivano-Frankivsk) - 10 minutes Answers to questions - 5 minutes. 2. Sarcopenia in young adults with juvenile idiopathic arthritis M.S. Kulik (Kyiv) - 10 minutes Answers to questions - 5 minutes. 3. Component of physical activity in assessing the quality of life of children with juvenile idiopathic arthritis. AA Fadeeva (Kharkiv)) - 10 minutes

Answers to questions - 5 minutes.

4. Assessment of limitation of vital functions due to neck pain (Neck Disability Index) in patients with ankylosing spondylitis.

N.V. School (Vinnytsia) - 10 minutes

Answers to questions - 5 minutes.

5. Aseptic necrosis of the femoral head in patients with SLE: a retrospective analysis of risk factors, tactics of diagnosis and treatment.

V.V. Dubas (Kyiv) - 10 minutes

Answers to questions - 5 minutes.

6. Analysis of the effectiveness of treatment of patients with ankylosing spondylitis with fibromyalgia

I.I. Shapoval (Vinnytsia) - 10 minutes

Answers to questions - 5 minutes.

7. Comparison of the effectiveness of different regimens of infliximab therapy in patients with ankylosing spondylitis

M.L. Pasternak (Kyiv) - 10 minutes

Answers to questions - 5 minutes.

8. Evaluation of disease-specific indicators in patients with ankylosing spondylitis with and without alexithymia

VV Vasilets (Odessa) - 10 minutes

Answers to questions - 5 minutes.

9. Determination of the level of disability in patients with RA according to the DRI questionnaire (Disability Rating Index) - the index of disability.

Ye.I. Shalkovsky (Vinnytsia) - 10 minutes

Answers to questions - 5 minutes.

10. Local and systemic changes in bone tissue in men with ankylosing spondylitis: assessment of risk factors.

A.O. Sytenko (Kyiv) - 10 minutes

Answers to questions - 5 minutes.

11. Cross-cultural adaptation and validation of the Ukrainian version of the CSI (Central

Sensitisation Inventory) questionnaire - a scale of central sensitization for patients with RA.

V.O. Bombela (Vinnytsia) - 10 minutes

Answers to questions - 5 minutes.

**Discussion -15 minutes** 

## 27 October 2021

## Hall «A,E,F,BCD»

9.00-10: 30 Round table: Osteoarthritis and comorbidity

Moderator: prof. N.V. Grigorieva, prof. I.Yu. Head

1. Osteoarthritis: stages of aging or pathology?

prof. N.V. Grigorieva (Kyiv) - 20 minutes

**2.** Osteoarthritis: the possibility of exposure to hyperuricemia and disorders of carbohydrate metabolism

prof. O.P. Bortkevych (Kyiv) - 20 minutes

3. The main factors of osteoarthritis progression: the influence of comorbidity

prof. I.Yu. Golovach (Kyiv) - 20 minutes

4. Possibilities of modern therapy of post-traumatic osteoarthritis

prof. O.A. Buryanov (Kyiv) - 20 minutes Answers to questions - 10 minutes.

10.30-11: 40 Round table: Pain syndrome: pathology, progression and pharmacotherapy Moderator: Corresponding Member. NAMNU SS Strafun, prof. I.Yu. Golovach (Kyiv)

Problems of diagnosis and treatment of chronic shoulder pain
 S.S. Strafun (Kyiv) - 20 minutes.
 Possibilities of NSAIDs in acute pain and inflammation syndromes
 Yu. Golovach (Kyiv) - 20 minutes
 The modern role of algometry in the diagnosis of fibromyalgia.
 D.B. Dzekan (Vinnytsia) - 20 minutes
 Answers to questions - 10 minutes.

**11:40-13:00** JOINT SESSION OF THE UKRAINIAN ASSOCIATION OF RHEUMATOLOGISTS AND THE EUROPEAN ALLIANCE OF THE ASSOCIATION OF RHEUMATOLOGISTS (EULAR)

Participants: Prof. Peter Taylor, prof. O.B. Yaremenko, Ph.D. O.O. Garmisch

Janus kinase inhibitors - the new opportunity for the management of rheumatic diseases

11.40-12.10 JAK inhibitors in rheumatoid arthritis: the journey from mechanistic studies to clinical practice. Prof. Peter Taylor (EULAR, United Kingdom) - 20 min. Questions and answers -10 min.

12.10-12.30 Modification of autoimmune inflammation based on Janus kinase inhibitors Prof. Oleg Yaremenko - 20 min.

12.30-12.50 Safety profile of the JAK inhibitors Olena Garmish, PhD - 20 min.

Discussion - 10 min.

13:00-13: 20 Problem report: Methotrexate is mysterious and always young prof. A.M. Gnilorybov (Kyiv) - 20 minutes

## 13:20-14:00 BREAK

14:00-14:40 Scientific and practical symposium: Sondiloarthritis 2021: what's new? Moderator: Ph.D. O.O. Garmisch Participants: Ph.D. O.O. Garmish (Kyiv) - 15 minutes, prof. D.G. Rekalov (Zaporizhzhya) -15 minutes Answers to questions -10 minutes

14: 40-15: 00 Problem report: The role of intestinal microbiota in the development of joint pathology prof. A.Ye. Dorofeev

#### 15.00-17.00

JOINT SESSION OF THE UKRAINIAN ASSOCIATION OF RHEUMATOLOGISTS AND THE EUROPEAN ALLIANCE OF THE ASSOCIATION OF RHEUMATOLOGISTS (EULAR)

Учасники: Prof. Josef Smolen, Prof. Daniel Aletaha, prof. D.G. Rekalov, Ph.D. Yu.V. Bilyavska

#### 15.00-15.30

**Biosimilars in Rheumatology** Prof. Josef Smolen (EULAR, Austria) - 20 min. **Questions and answers -10 m**in.

#### 15.30-15.50

проф. Д.Г. Рекалов (Запоріжя) – 20 хв. Biosimilar approaches in rheumatology: are there safe and effective opportunities? Prof. Dmytro Rekalov (Zaporizhzhya, Ukraine) - 20 min.

#### 15.50-16.20

**Disease activity and outcome measures in inflammatory arthropathies** Prof. Daniel Aletaha (EULAR, Austria) - 20 min. **Questions and answers -10 m**in.

#### 16.20-16.40

**Tapering of disease-modifying antirheumatic drugs: an illusion or necessity?** Iuliia Biliavska, PhD (Kyiv, Ukraine) - 20 min.

#### Discussion - 10 min

17:00-17:40 Scientific and practical symposium: The place of TNF inhibitors in the modern strategy of treatment of ankylosing spondylitis. Moderator: prof. D.G. Рекалов Participants: prof. D.G. Rekalov (Zaporizhzhya), Ph.D. S.A. Trypilka (Kharkiv)

#### Hall (GH)

9: 00-9: 20 Problem report: The range of clinical manifestations and modern approaches to the treatment of lung lesions in rheumatic diseases prof. I.Yu. Golovach (Kyiv) - 20 minutes

9: 20-10: 00 Round table: Interstitial lung disease. Important aspects for the practice of a rheumatologist.

Moderator: Ph.D. Yu.V. Bilyavska 1. Interstitial lung disease: the current state of the problem. The view of a pulmonologist Ph.D. E.O. Merenkova (Kyiv) - 15 minutes 2. RA-associated interstitial lung disease: the potential of disease-modifying agents. Ph.D. Yu.V. Bilyavska (Kyiv) - 20 minutes

**Discussion - 5 minutes** 

10.00-10: 50 Round table: The importance of timely diagnosis and treatment of ILD-SS Moderator: prof. R.I. Яцишин1.

1. Importance of early identification, monitoring and treatment of ILD-SS

Yatsyshyn R.I. 2. A new paradigm of ILD-SS patient treatment Stanislavchuk M.A. Q&A – 10 min

10: 50-11: 10 Problem report: Fracture in a patient with rheumatic pathology: how to prescribe treatment? prof. N.V. Grigorieva (Kyiv) - 20 minutes

11: 10-13: 20 Plenary session: Osteoporosis: current issues. The meeting is dedicated to the memory of Professor VV Povoroznyuk.

Moderator: Acad. V.M. Kovalenko, prof. O.P. Bortkevich, prof. N.V. Grigoriev
1. FRAX in the diagnosis of osteoporosis: a universal tool or key to diagnosis?
N.V. Grigorieva (Kyiv) - 20 minutes
2. Violation of bone mineral density in inflammatory spondyloarthropathies
O.P. Bortkevich, A.O. Sytenko (Kyiv) - 20 minutes
3. Prevention of osteoporosis, falls and fractures
I.Yu. Golovach (Kyiv) - 20 minutes
4. Osteoporosis and osteoarthritis: interrelated diseases?
N.V. Grandfather, NN Yakovenchuk (Kyiv-Kharkiv) - 20 minutes.
5. Treatment of bone fractures in osteoporosis
And V. Kalashnikov (Kyiv) - 20 minutes.
6. Bisphosphonates in the treatment of osteoporosis: trends and traditions.
D.G. Rekalov, I.Yu. Golovach (Zaporizhzhya-Kyiv) 20 minutes

## 13:20-14:00 Break

14:00-15:20 Joint meeting of the Ukranian Association of Rheumatologists of Ukraine and the Associations of Pediatric Rheumatologists of Ukraine

Rheumatic diseases in children in the era of the COVID-19 pandemic Moderator: prof. L.F. Bogmat

Introductory word: prof. L.F. Bogmat (Kyiv) -10 min. 1. COVID-19 pandemic and rheumatic diseases in children L.F. Bogmat (Kyiv) - 15 minutes 2. MIS-C: a new disease or a new vision of Kawasaki disease in children? O.A. Oshlyanska (Kyiv) - 15 minutes 3. Management of children with rheumatic diseases in a COVID-19 pandemic: problems and their solutions N.S. Shevchenko (Kharkiv) -15 minutes 4. Vaccinate or wait - an important issue for children with rheumatic diseases. Yu.V. Vyzhga (Vinnytsia) - 15 minutes Answers to questions -10 minutes 15: 20-16.00 Scientific and practical symposium: Recommendations for the treatment of RA: a personalized approach to the choice of therapy Moderator: Ph.D. O.O. Garmisch (Kyiv), Ph.D. T.O. . Mefford (Kyiv) 16:00 -17: 10 Section meeting: Fundamental and regenerative medicine Moderators: Academician VM Kovalenko, G.O. Protsenko (Kyiv)

New possibilities of PRP-therapy in the treatment of osteoarthritis
 G.O. Protsenko (Kyiv) - 15 minutes
 Cell therapy in the treatment of SCD
 O.O. Garmish, VG Levchenko (Kyiv) - 15 minutes
 Conceptual principles of application of regenerative technologies at osteoarthritis and aseptic necrosis of hip and knee joints
 EL Golyuk (Kyiv) - 15 minutes
 Cell therapy in rheumatology: possible directions
 Nikolsky (Kyiv) - 15 minutes

Answers to questions - 10 minutes.

17: 10-17: 45 Master class: Rheumatic diseases and pulmonary hypertension Moderator: prof. Yu.M. Sirenko
1. Pulmonary hypertension: an algorithm for diagnosis and treatment prof. Yu.M. Sirenko -20 minutes
2. The role of echocardiography in the diagnosis of pulmonary hypertension Ph.D. N.S. Polenova, E.Yu. Titov (Kyiv) - 10 minutes

Answers to questions - 5 minutes.

# 28 October 2021

## HALL «A,E,BCD»

9: 00-10: 40 Section meeting: Gout: theoretical and practical aspects of management in different situations

Moderator: prof. SI Smiyan, prof. G.P. Kuzmina

1. Implementation of current recommendations for gout: unresolved issues, discussions, problems

- SI. Smiyan (Ternopil) 15 minutes
- 2. Comorbid pathology and its role in the clinical course of gout
- G.P. Kuzmina, OM Lazarenko (Kryvyi Rih) 15 minutes
- 3. Possibilities of renoprotection in patients with gout
- L.V. Himion (Kyiv) 15 minutes
- 4. Gout: new ways to optimize the treatment of patients
- V.Ye. Kondratyuk (Kyiv) 15 minutes
- 5. The possibility of resorption of tofus on the background of urate-lowering therapy
- S.A. Trypilka (Kharkiv) 15 minutes
- 6. Differentiated approach to urate-lowering therapy of gout depending on age and comorbidity
- A.S. Krylova (Kyiv) 15 minutes

Answers to questions - 10 minutes.

10: 40-11: 50 Round table: Systemic lupus erythematosus and antiphospholipid syndrome: diagnosis verification and management

Moderator: prof. G.O. Protsenko 1. Systemic lupus erythematosus: the state of the problem in Ukraine prof. G.O. Protsenko (Kyiv) - 20 minutes 2. Criteria and non-criteria antiphospholipid syndrome: features of the clinical course prof. I.Yu. Golovach (Kyiv) - 20 minutes 3. Modern approaches to the treatment of APS prof. S.V. Shevchuk (Vinnytsia) - 20 minutes 11: 50-13: 20 Section meeting: Systemic connective tissue diseases: variants of clinical manifestation

Moderator: prof. G.P. Kuzmina, prof. VV Chopper

**1**. The case of transformation of Lyme disease into systemic lupus erythematosus (without conflict of interest)

S.A. Trypilka (Kharkiv) - 15 minutes

2. Special forms of lesions of the nervous system in connective tissue diseases: a multidisciplinary problem

O.B. Chicken, T.K. Lysunets, VV Semenov (Dnipro) - 15 minutes

**3.** Diagnostic and therapeutic problems of ANCA-associated vasculitis.

Monitoring

A.P. Kuzmina (Kryvyi Rih) - 15 minutes

4. Syndrome of activated viral infections (immunodeficiency syndrome) in patients with systemic connective tissue diseases

VV Chopyak (Lviv) - 20 minutes

Answers to questions - 5 minutes.

13:20-14.00 Break

#### 14.00-15.30

JOINT SESSION OF THE UKRAINIAN ASSOCIATION OF RHEUMATOLOGISTS AND THE EUROPEAN ALLIANCE OF THE ASSOCIATION OF RHEUMATOLOGISTS (EULAR)

Systemic lupus erythematosus. What is new?

Учасники: Prof. Ronald van Vollenhoven, prof. R.I. Yatsishin, Ph.D. T.O. Mefford

14.00-14.30Latest News in Lupus: A New Day Dawning?Prof. Ronald van Vollenhoven (EULAR, Netherlands) - 20 min.Questions and answers -10 min.

14.30.-14.50 Features of heart damage in connective tissue diseases Prof. Roman Yatsyshyn (Ivano-Frankivsk, Ukraine) -20 min.

14.50-15.20 Pregnancy planning for SLE. What to look for? Tetiana Mefford, PhD (Kyiv, Ukraine) - 20 min. **Discussion** - 10 min 15.30-16.10 International scientific-practical symposium: Methotrexate in questions and answers. Moderator: O.O. Garmisch

**1.** Advantages of subcutaneous administration of methotrexate in comparison with oral in the treatment of patients with RA

Prof. Dr. med. Christoph Fiehn (Baden-Baden, Germany) - 20 min.

2. Scientific discussion: methotrexate in questions and answers

O.O. Garmish (Kyiv) - 20 minutes

16: 10-16.50 Scientific-practical symposium: Modern strategy of treatment of juvenile rheumatoid arthritis Moderator: prof. T.V. Marushko (Kyiv) Participants: prof. I AM. Boyko (Lviv), OM Mukvich (Kyiv), TV Marushko

16: 50-17: 30 International Information and Science Symposium: Rheumatology Research and Publications Against the Background of the COVID-19 Pandemic Participants: prof. Armen Gasparyan (England), Ph.D. O.O. Zimba (Lviv) Rheumatology research and publishing amidst the COVID-19 pandemic Armen Gasparyan, MD, PhD (Birmingham), Ph.D. O.O. Zimba (Lviv)

# HALL (GH)

# 9: 00-11: 10 Section meeting: Pharmacotherapy of inflammatory arthritis Moderator: prof. G.O. Protsenko, prof. SI. Laughing

1. Unused treatment options for rheumatoid arthritis

O.B.. Yaremenko (Kyiv) - 20 minutes

2. The evolution of rheumatoid arthritis treatment: the place of new molecules

M.B. Juice (Kyiv) -20 minutes

3. Reactive arthritis. A new vision of the problem.

G.O. Protsenko (Kyiv) - 20 minutes

4. Methotrexate in the practice of rheumatology: are the opportunities fully utilized?

SI. Smiyan (Ternopil) - 20 minutes

5. Rheumatic and immunoinflammatory complications of lung cancer in the conditions of therapy with endpoint inhibitor pembrolizumab (Clinical cases) - 20 min.

K.O. Удовиченко, I.B. Вельма, O.B. Gerasimenko, I.Yu. Golovach, TM Chipko (Kyiv) - 20 minutes 6. NT -proBNP in patients with RA - a marker of cardiovascular disease or a marker of inflammation?

L.V. Himion (Kyiv) -20 minutes

Answers to questions - 10 minutes.

11: 10-12: 20 Section meeting Moderator: prof. G.O. Protsenko, prof. SI. Герасименко

**1.** Synovectomy - therapeutic and prophylactic surgery on the knee joint in patients with rheumatoid arthritis

SI. Gerasimenko (Kyiv) - 20 minutes.

2. Features of knee arthroplasty in patients with rheumatoid arthritis

M.V. Poluliakh (Kyiv) - 20 minutes.

**3.** Orthopedic treatment of lesions of the upper extremity in patients with rheumatoid arthritis. A.M. Babko (Kyiv) - 20 minutes.

Answers to questions - 10 minutes.

12: 20-12: 40 Current report: Problems and possibilities of OA therapy: modern effective accents. prof. D.G. Rekalov (Zaporizhzhya)

12: 40-13: 20 Scientific and practical symposium: ESCEO 2021 News Moderator: Ph.D. E.D. Yehudina Participants: Ph.D. S.A. Trypilka (Kharkiv), MD E.D. Yehudina (Kyiv) - 30 minutes Answers to questions 10 minutes.

# 13:20-14:00 BREAK

14:00-14: 40 Round table: Osteoporosis and osteoarthritis in the elderly: the views of rheumatologists and neurologists.
Moderator: prof. N.V. Grigoriev
1. Pain syndromes in patients with osteoporosis: is there a chance of success?
N.V. Grigorieva (Kyiv) - 15 minutes
2. Age-associated diseases of the spine and joints: principles of effective therapy.
MA. Bystrytska (Kyiv) - 15 minutes
Answers to questions - 10 minutes.

14: 40-15: 40 Section meeting: Visualization in rheumatology Moderator: prof. O.N. Nadashkevich
1. Spondyloarthritis on MRI: myths and realities Yu.M. Litynska (Kyiv) - 20 minutes
2. Osteitis / bone marrow edema and other MRI signs of changes in the bones in rheumatological practice
S.O. Kovalenko (Kyiv) - 15 minutes
3. Experience in the use of ultrasound for puncture of joints
O.N. Nadashkevych (Lviv) - 15 minutes

Answers to questions - 10 minutes

15: 40-16: 30 Scientific and practical symposium: Spondyloarthritis: definitions, diagnosis and therapeutic tactics
Moderator: prof. MA. Stanislavchuk
1. Spondyloarthritis: diagnostic and therapeutic tactics
prof. MA. Stanislavchuk (Vinnytsia) - 20 minutes
2. Advantages of IL-17 blockers in the treatment of spondyloarthritis
Ph.D. T.O. . Mefford (Kyiv) - 20 minutes
Answers to questions - 10 minutes

16: 30-17: 20 Round table: Oncoreumatology vs. Rheumatooncology: circles around ...
Moderator: prof. I.Yu. Head
1. Rheumatic and oncological diseases - common problems, different solutions
prof. D.G. Rekalov (Zaporizhzhya) -20 minutes

2. Tactics of a rheumatologist in the management of immune-dependent side effects of cancer treatment prof. I.Yu. Golovach (Kyiv) -20 minutes Answers to questions - 10 minutes.

#### HALL F

#### MASTER CLASSES

14:00 - 14:40 Master class: Safety and effectiveness of immunobiological therapy of ankylosing spondylitis Moderator: Ph.D. O.O. Garmisch Participants: Ph.D. O.O. Garmish (Kyiv), Ph.D. OV Blue (Lviv) - 30 minutes

14.40 - 15.40 Master class: The role of hyaluronic acid in the treatment of osteoarthritis of the knee. Technique of introduction of Kombigilan. prof. G.O. Protsenko (Kyiv) Answers to questions - 10 minutes.

# **October 29 (Friday)**

#### HALL «A,E,F,BCD»

9: 00-11: 00 Section meeting: Clinical cases Moderator: prof. SI. Smiyan, Ph.D. S.O. Kovalenko

**1.** Errors and difficulties in the management of systemic ANSA-associated vasculitis on the example of cooperation of a multidisciplinary team

SI. Smiyan, ОО Дядик, B.B. Sokolov, GB Bernstein, A.W. Hedgehog, GB Simko, OS Makhovska, SR Gusak, VO Smiyan (Ternopil) - 20 minutes

2. Rheumatoid vasculitis in RA: differential diagnosis with infection -

G.P. Khokhlov (Kyiv) -20 minutes

3. Focal scleroderma: clinical cases, drug therapy and the possibility of phototherapy.

VV Василец, H.B. Yellow (Odessa) -20 min.

4. Long-term monitoring of IPA: is it realistic to achieve remission?

A.V. Romanovsky (Kyiv) -20 min.

5. Septic arthritis and other "specific" non-rheumatic joint lesions

S.O. Kovalenko (Kyiv) -20 minutes

Answers to questions - 10 minutes.

11.00-13.00 Availability of highly specialized treatment technologies in rheumatology Meeting of the Board of Experts of the Ministry of Health, NAMSU, the Association of Rheumatologists of Ukraine, the Chamber of Commerce and Industry of Ukraine, the American-Ukrainian Business Council and NGOs "Orphan Diseases of Ukraine", "Ankylosis.Net"

11:00 - 11:05 - Introductory speech Acad. V.M. Kovalenko 11:05 - 11:25 - "Lithuanian experience in ensuring access of RA patients to modern treatment" prof. Asta Baranauskaite (Prof Asta Baranauskaite)

11: 25-11: 40 - The problem of availability of highly specialized medical care for patients with RA in Ukraine prof. O.B.. Yaremenko

11: 40-11: 50 - National experience in implementing a program for the treatment of juvenile rheumatoid arthritis prof. T.V. Marushko

11: 50-11: 55 - Regional experience in providing innovative treatment for RH Ph.D. O.B. Blue

11: 55-12: 00 Experience in organizing the availability of medical care under the program "Health of Kyiv"

T.O. . Mefford

12: 00-12: 10 Support of public organizations for measures to provide patients with modern innovative treatment

Tatiana Kulesha. Chairman of the Council of the Public Union "Orphan Diseases of Ukraine"

**12: 10-12.15** Presentation of the newly formed NGO of patients with rheumatoid arthritis VV Podolsk

12.15-12.25 - The problem of availability of highly specialized medical care for patients with AS in Ukraine O.O. Garmisch

12.25-12.35 - Experience of the NGO "Ankylosis. no » Irina Bublik. Chairman of the NGO "Ankylosis. no »

#### 12:35 - 13:00 - Discussions and suggestions

Participants: Acad. Kovalenko VM, representatives of the Ministry of Health and the National Academy of Medical Sciences of Ukraine, Strashny VV, Chairman of the Committee on Health and Pharmacy of the CCI, Datsenko M., Director of Information Programs of the American-Ukrainian Business Council

#### 13.00-13.40

General Assembly of the Ukranian Association of Rheumatologists of Ukraine

- 1. Report of the President of VARU
- 2. Report of the audit commission
- 3. Introduction of classification, standards of diagnosis and treatment of rheumatic diseases
- 4. Approval of recommendations.
- 5. Results of the competition of young scientists
- 6. Elections of the Presidium and members of the VARU
- 7. Adoption of a resolution of the Congress
- 8. Closing of the Congress