

# 3<sup>rd</sup> EULAR Autumn Course Days 2023

*A Postgraduate Course for Rheumatologists*

**Berlin, Germany**

**Saturday, 25 November 2023 – Sunday, 26 November 2023**



# ORGANISATION & COMMITTEE

## Scientific Organisers

- Simona Rednic (Romania)
- Christopher Edwards (United Kingdom)

## Faculty

- Anna-Maria Hoffmann-Vold (Norway)
- George Bertsias (Greece)
- Gulen Hatemi (Turkey)
- Oliver Distler (Switzerland)
- Pedro Machado (United Kingdom)
- Raquel Faria (Portugal)
- Tobias Alexander (Germany)
- Wolfgang Schmidt (Germany)
- Xenofon Baraliakos (Germany)
- Zoltan Szekanecz (Hungary)

## Organising Secretariat

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## EULAR Committee

EULAR Education Committee, Live Courses & Meetings Sub-Committee

## COURSE DESCRIPTION

For rheumatology and medicine in general it clearly holds true that only well-educated and well-trained medical doctors can comprehensively and rapidly translate recent advances into clinical medicine to achieve optimal clinical outcomes as well as to improve quality of our patients' life. Therefore, education and training are necessities for success. At the same time, they represent a complex matter since modern and effective training methods and techniques are used to continuously teach new facts, theories and book-knowledge, refresh memories, and gain and improve practical skills.

In this regard, our **3rd EULAR Autumn Course Days** has been designed to explore **new avenues in education by purposely mixing modern teaching formats**. Our course aims to provide insights into several different diagnostic and therapeutic aspects of the modern management of RMDs but also addresses current controversies in these fields through a series of interactive debates, round-table discussions, workshops, and seminars.

In this unique 1 half-day course, attendees will have an opportunity to network and have intensive interactions with experts in the field, as well as to present own ideas during round table discussions and workshops. Evaluation and feed-back from participants and instructors will be collected in order to further optimise future events designed in this modern teaching format.

### Learning objectives

- To provide current information on the best use glucocorticoids.
- To understand a common but multifactorial, multidimensional, or difficult to treat symptom like fatigue.
- To gain experience in difficult to treat neuropsychiatric lupus or systemic sclerosis cases.
- To recognize MRI or ultrasound images of axial Spondylarthritis or other pathologies
- To get familiar with some rare rheumatic diseases
- To listen to a good old lecture on treatment targets
- To enhance collaboration within the EULAR network in all fields of rheumatology.

# GENERAL INFORMATION

## Course venue & hotel

Berlin – The exact location will be specified soon

## Course dates

Saturday, 25 November 2023 (Start at 14:30) – Sunday, 26 November 2023 (End at 13:00)

## Official language

English

## Maximum participants

30

## Certification

After the course, all participants who have successfully completed the course will receive a certificate of attendance on their EULAR School user account.

\*100% course attendance is required

## Course fee

**350 €** (VAT included), package includes:

### Saturday, 25 November 2023

- Full access to the course
- Welcome coffee break
- Afternoon coffee break
- Dinner
- 1-night accommodation

### Sunday, 26 November 2023

- Full access to the course
- Morning coffee break

# REGISTRATION

## Application requirements / Target audience

No application requirements. Young rheumatologists (in training or within five years of their registration as a rheumatologist).

## Registration process

Online: <https://esor.eular.org/course/view.php?id=421>

Please login into your EULAR School of Rheumatology account to register. If you do not have a School account, you will need to create one before applying.

**Registration deadline:** 15 October 2023

Early registration is advisable. Number of participants is limited.

## Bursary

EULAR grants **5 bursaries** in the amount of **EUR 350 each**. The amount of the bursary will be deducted from the course fee. Please apply with your motivation letter, CV and (if any) publication list within the registration system.

**Bursary application deadline:** 30 September 2023

**Notification:** mid-October 2023

## Certification

A certificate of attendance will be available after the course on your EULAR School user account. 100% course attendance is required.

## Detailed Programme

### Day 1 – Saturday, 25 November 2023

Time	Type of session & Title	Speakers
14:00 – 14:30	<b>REGISTRATION &amp; WELCOME COFFEE</b>	
14:30 – 15:30	<p><b>LEARN ...</b> from case to evidence!</p> <p><b>The Big Debate:</b> Different views on glucocorticoid therapy: Glucocorticoids are toxic versus glucocorticoids are not toxic!</p>	<p><b>Chair:</b> S. Rednic</p> <p>C. Edwards Z. Szekanecz</p>
<p><b>DISCUSS ...</b> The state of the art in a seminar</p>		
15:30 – 16:00	<b>Fatigue in immune mediated disease</b>	P. Machado
16:00 – 16:30	<b>Neuropsychiatric systemic lupus erythematosus</b>	G. Bertsias
16:30 – 17:00	<b>COFFEE BREAK</b>	
<p><b>FACE THE CHALLENGES ...</b> Of the treatment in a round table discussion</p>		
17:00 – 18:30	<b>Difficulties in treatment of SSc</b>	AM. Hoffmann-Vold O. Distler
19:00	<b>DINNER</b>	

## Day 2 – Sunday, 26 November 2023

Time	Type of session & Title	Speakers
<b>BE ACTIVE! ... Image Quiz</b>		
08:30 – 09:30	<b>MRI &amp; Axial Spondyloarthritis</b>	X. Baraliakos
09:30 – 10:30	<b>Ultrasound</b> images to challenge you	W. Schmidt
10:30 – 11:00	<b>COFFEE BREAK</b>	
<b>GET SURPRISED ... A focus on rare diseases (parallel running meet the experts)</b>		
11:00 – 12:00	<b>IgG4-related diseases</b>	T. Alexander
	<b>Relapsing polychondritis</b>	S. Rednic
	<b>VEXAS syndrome</b>	R. Faria
	<b>Behcet's disease</b>	G. Hatemi
12:05 – 12:45	<b>LISTEN ... to a good old lecture: Redefining treatment targets</b>	C. Edwards
12:45 – 13:00	<b>CLOSING &amp; DEPARTURE</b>	

Any changes to the scientific programme or to the list of speakers are possible until the date of course. Further updates will be published on the [EULAR School of Rheumatology](#) homepage.