

4th EULAR Autumn Course Days 2024

A Postgraduate Course for Rheumatologists

Amsterdam, Netherlands

Friday, 25 October 2024 - Sunday, 27 October 2024



ORGANISATION & COMMITTEE

Scientific Organisers

- Simona Rednic (Romania)
- Christopher Edwards (United Kingdom)

Faculty

- Ahmet Gul (Turkey)
- Antonis Fanouriakis (Greece)
- Ariane Herrick (United Kingdom)
- Christopher Edwards (United Kingdom)
- Cristiana Sieiro-Santos (Spain)
- Dimitris Vassilopoulos (Greece)
- Bayram Farisoğulları (United Kingdom)
- Guilermo Ruiz Irastorza (Spain)
- Nicolino Ruperto (Italy)
- Pascal Richette (France)
- Piercarlo Sarzi-Puttini (Italy)
- Raquel Faria (Portugal)
- Simona Rednic (Romania)

Organising Secretariat

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EULAR Committee

EULAR Education Committee, Live Courses & Meetings Sub-Committee



COURSE DESCRIPTION

For rheumatology and medicine in general it holds true that only well-educated and well-trained medical doctors can comprehensively and rapidly translate recent advances into clinical medicine to achieve the best clinical outcomes that improve the quality of our patients' lives. Therefore, education and training are necessities for success. At the same time, they represent a complex matter since modern and effective training methods and techniques are used to continuously teach new facts, theories and book-knowledge, refresh memories, and gain and improve practical skills.

In this regard, our 4th EULAR Autumn Course has been designed to explore new avenues in education by purposely mixing modern teaching formats. Our course aims to provide insights into several different diagnostic and therapeutic aspects of the modern management of RMDs but also addresses current controversies in these fields through a series of interactive debates, round-table discussions, workshops, and seminars.

In this unique 2-days course, attendees will have an opportunity to network and have intensive interactions with experts in the field in Meet the Expert sessions. They will also be able to discuss with the main authors of recently published EULAR recommendations about the way they were developed and listen to authors who have recently published important articles talk about their work. The interactive and open way of discussion will permit to participants to present their own ideas and ask questions during round table discussions. Evaluation and feed-back from participants and instructors will be collected in order to further optimise future events designed in this modern teaching format.

Learning objectives

- To discuss with experts the latest information in the field of frequent or rare diseases, like gout, VEXAS syndrome, fibromyalgia and Behcet's disease.
- To gain experience in treating RMD patients in special situations (elderly, pregnancy).
- To update their knowledge in rebranding an old drug or to find the latest data about new ways of treating rheumatic conditions.
- To understand the way in which EULAR recommendations are developed and use.
- To discuss latest articles with practical impact in the field of rheumatology.
- To celebrate 75 years of steroid treatment in rheumatology and provide current information's about patterns of prescription and way to use of them in different situations.
- To reflect on the role of medical humanities in building a doctor.
- To enhance collaboration within the EULAR network in all fields of rheumatology.



GENERAL INFORMATION

Course venue & hotel

NH Amsterdam Schiphol Airport Kruisweg 495 2132 NA Hoofddorp Netherlands Website

Course dates

Friday, 25 October 2024 (Start at 13:15) – Sunday, 27 October 2024 (End at 12:45)

Official language

English

Maximum participants

50

Certification

After the course, all participants who have successfully completed the course will receive a certificate of attendance on their EULAR School user account.

*100% course attendance is required

Course fee

650 € (VAT included), package includes:

Friday, 25 October 2024

- Full access to the course.
- Welcome coffee break.
- Afternoon coffee break.
- Dinner.
- 2-nights' accommodation at NH Amsterdam Schiphol Airport from Friday, 25 October 2024 to Sunday, 27 October 2024.

Saturday, 26 October 2024

- Full access to the course.
- Morning coffee break.
- Lunch.
- Afternoon coffee break.
- Dinner.



Sunday, 27 October 2024

- Full access to the course.
- Morning coffee break.
- Lunch.

REGISTRATION

Application requirements / Target audience

No application requirements. Young rheumatologists (in training or within five years of their registration as a rheumatologist).

Registration process

Online: https://esor.eular.org/course/view.php?id=470

Please login into your EULAR School of Rheumatology account to register. If you do not have a School account, you will need to create one before applying.

Registration deadline: 8 September 2024

Early registration is advisable. Number of participants is limited.

Bursary

EULAR grants **5 bursaries** in the amount of **EUR 650 each**. The amount of the bursary will be deducted from the course fee. Please apply with your motivation letter, CV and (if any) publication list within the registration system.

Bursary application deadline: 18 August 2024

Notification: end of August 2024

Certification

A certificate of attendance will be available after the course on your EULAR School user account. 100% course attendance is required.



Detailed Programme

Day 1 - Friday, 25 October 2024

Time	Type of session & Title	Speakers		
12:15 – 13:15	REGISTRATION & WELCOME COFFEE			
13:15 – 13:30	Introduction	C. Edwards S. Rednic		
Meet-the-Expert 1: Old vs new diseases Experts will prepare a small presentation about the topic and also about the specific aspects they intend to expand and discuss. Participants are invited to bring with them a question/problem on each topic for discussion.				
13:30 – 14:30	An old Disease: Gout	P. Richette		
14:30 – 15:30	A new Disease: VEXAS Syndrome	R. Faria		
15:30 – 16:00	COFFEE BREAK			
Meet-the-Expert 2: Frequent vs rare diseases				
16:00 – 17:00	A Frequent Disease: Fibromyalgia	P. Sarzi-Puttini		
17:00 – 18:00	A Rare Disease: Behcet Disease	A. Gul		
What's new in rheumatology: Main articles in 2023				
	Chair: A. Herrick			
18:00 – 18:20	COLCHICORT Evaluating the safety and short-term equivalence of colchicine versus prednisone in older patients with acute calcium pyrophosphate crystal arthritis	P. Richette		
18:20 – 18:40	Raynaud phenomenon from GWAS to drug repurposing	A. Herrick		
18:40 – 19:00	Multiple autoimmune syndrome: Clinical, immunological, and genotypic characterization	R. Faria		
19:30 -	DINNER	6		



Day 2 - Saturday, 26 October 2024

Time	Type of session & Title	Speakers		
Meet-the-Expert 3: Special situations (age and pregnancy)				
09:00 – 10:00	Rheumatic conditions and antirheumatic drugs in the elderly	C. Edwards		
10:00 – 11:00	Pregnancy and lactation in connective tissue diseases	A. Fanouriakis		
11:00 – 11:30	COFFEE BREAK			
Meet-the-Expert 4: Old vs new ways of treatment				
11:30 – 12:30	An old drug Hydroxychloroquine	G. Ruiz Irastorza		
12:30 – 13:30	New ways of treatment CAR T therapy in autoimmune diseases	C. Edwards		
13:30 – 14:30	LUNCH			
Recommendations sessions: Presentation by main author, followed by roundtable discussion and questions				
	Chair: A. Fanouriakis			
14:30 – 15:15	2023 Update of EULAR recommendations for the management of systemic lupus erythematosus	A. Fanouriakis		
15:15 – 16:00	2023 EULAR recommendations for the management of fatigue in people with inflammatory rheumatic and musculoskeletal diseases	B. Farisoğullari		
16:00 – 16:30	COFFEE BREAK			
16:30 – 17:15	EULAR recommendations for the management of ANCA-associated vasculitis 2022 update	D. Vassilopoulos		



What's new in rheumatology – Main articles in 2023				
Chair: P. Sarzi-Puttini				
17:15 – 17:35	Residual pain in rheumatoid arthritis Is it a real problem?	P. Sarzi-Puttini		
17:35 – 17:55	Diagnosis and management of systemic sclerosis-related calcinosis	A. Herrick		
17:55 – 18:15	Baricitinib in juvenile idiopathic arthritis	N. Ruperto		
19:00 -	DINNER			

Day 3 - Sunday, 27 October 2024

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Time	Type of session & Title	Speakers		
Anniversary session: 75 years of steroid therapy in rheumatology An open discussion about corticosteroids pattern of prescription, usefulness, side effects and usefulness in different diseases (SLE, ScS, arthritis, vasculitis) or situations (children, elderly, pregnancy) Chair: S. Rednic				
09:00 – 11:00	Corticosteroids 75th anniversary An open discussion	A. Herrick C. Edwards C. Sieiro Santos D. Vassilopoulos G. Ruiz Irastorza N. Ruperto S. Rednic		
11:00 – 11:30	COFFEE BREAK			
11:30 – 12:30	The value of medical humanities in building a doctor	S. Rednic		
12:30 – 12:45	CLOSING	C. Edwards S. Rednic		
12:45 – 13:45	LUNCH			

Any changes to the scientific programme or to the list of speakers are possible until the date of course. Further updates will be published on the <u>EULAR School of Rheumatology</u> homepage.