

## EULAR Training course for clinicians and health care professionals to develop or improve practice in RMD-patient education

### List of Modules 2024

#### Learning Objectives

- understand issues of patient education
- develop attitudes in the relationship with the patient
- elaborate a programme of patient education
- perform an educational diagnosis
- design and animate educational workshops

#### Module 1: General considerations

- Principles of patient education
- Living with a chronic rheumatic and musculoskeletal disease
- model of learning and teaching methods
- How to empower patients with information
- Clinical cases, audio, video

#### Module 2: Practice of patient education

- Identification of psychological characteristics
- Practice of educational diagnosis
- Communication skills
- Coping and self-management
- From patient education to health Literacy/numeracy
- Clinical cases, audio, video

#### Module 3: Concrete realization of a patient education programme

- Educational sessions: importance of tools
- How to evaluate of a programme?
- Patient education in the European Reference Network on Rare and Complex Connective Tissue and Musculoskeletal Diseases (ERN ReCONNET)
- Patients' experiences
- Clinical cases, audio, video

#### Module 4: Future of patient education

- Research in patient education
- Place of the expert patient
- Place of e-education
- Limits of the practice
- Clinical cases, audio, video