

#### **WELCOME MESSAGE | RHEUMAPREG VIENNA 2025**

Welcome back to the RheumaPreg Conference 2025, set against the backdrop of Vienna, the enchanting home of Mozart and Freud!

As we assemble for this year's conference, we embark on a comprehensive exploration of the intricate relationship between rheumatic diseases and pregnancy, addressing key challenges and breakthroughs in our evolving understanding. We would like to exchange experiences, catchup on the past two years, enjoy the springtime over a cup of Viennese coffee with old friends and new colleagues.

We are committed to interdisciplinarity. For this reason, panel discussions and curbside consultations will involve esteemed experts from the fields of rheumatology, obstetrics, haemostasiology, intensive care medicine and neonatology, pathology and patient representatives.

Among others, updates on evolving guidelines, medication use, counselling, use of assisted reproduction techniques, management during and after pregnancy and acute situations will be elaborated and presented together with clinical cases. We will dig down to the root of common problems during pregnancy and learn about immunology and placental pathologies related to rheumatic diseases and complications.

Furthermore, the conference will provide a platform for revisiting teratogenicity of therapies, scrutinizing the latest evidence to ensure an updated perspective on treatment safety during pregnancy, breastfeeding and data about long-term follow up of the children.

Lastly, we will revisit the progress of the existing registries and address the problems associated with the lack of standardized definitions, particularly delving into the complexity of terms like "adverse obstetric outcome" or "disease activity" which pose obstacles in comparing results.

We would like to thank the RheumaPreg 2025 Congress Committee, the organizational team and all members of the RheumaPreg community for their commitment and efforts in shaping this congress. Additionally, we wish to express gratitude to all delegates who will attend and contribute to the Congress in 2025 in Vienna.

Join us in this intellectual journey, where we will not only revisit established knowledge but also navigate the complexities of interdisciplinary management, pose new questions and address the latest developments.

Welcome back to RheumaPreg Vienna 2025 - Together, let's shape the future of rheumatology in pregnancy!

Assoc. Prof. Klara Rosta, PhD

Chair - Obstetrics/Gynecology

Dr. Antonia Mazzucato-Puchner
Chair - Rheumatology





#### **PRELIMINARY TOPICS**

- Immunosuppressive therapy of rheumatic diseases during pregnancy and lactation
- Management of Rheumatoid Arthritis, Psoriatic Arthritis, Axial Spondyloarthritis, and Juvenile Idiopathic Arthritis during Pregnancy
- Pregnancy with Lupus
- Antiphospholipid Syndrome: from understanding to evolving management
- Myositis, Scleroderma, Sjögren's and Vasculitis in pregnancy
- Revisiting Osteoporosis in reproductive years
- Recurrent Pregnancy loss and the role of IVIG therapy: myth and evidence
- From placenta pathology to adverse obstetric outcome: mechanisms and management (Preeclampsia, FGR, Placental insufficiency)
- Challenges of fertility in context of rheumatic disease and social changes
- Artificial reproductive techniques and the role of fertility preservation in rheumatic diseases
- Update on the registries a round table
- Gender medicine
- Navigating Teratogenic Terrain: contraception and management of unintended pregnancy
- Patient perspectives: family planning with rheumatic diseases, the essential role of teamwork
- Paternal rheumatic disease and medication influence on family planning
- Supporting new mothers with rheumatic diseases: post-partum challenges
- Long-term follow up of children

## PRELIMINARY PROGRAMME OVERVIEW

## Thursday, 8 May 2025

hrs	ROOM
13.45-14.00	Welcome Message
14.00-15.00	Challenges of fertility in context of rheumatic disease and social changes
15.00-16.00	Under the magnifying glass: the placenta as a cause of various pregnancy pathologies
16.00-16.30	Coffee Break
16.30-17.30	Navigating Pregnancy with SLE: Challenges and Innovations
17.30-18.30	Stay updated: news on pregnancy with
18.30-19.00	Opening Lecture

## Friday, 9 May 2025

hrs	ROOM
08.30-09.30	INDUSTRY-SPONSORED SYMPOSIUM
09.30-10.50	Beyond the clot
10.50-11.20	Coffee Break
11.20-12.20	Curbside Consultation 1 - Neonatal Lupus
12.20-14.20	Lunch break and Poster Tour
14.20-15.20	Immunosuppression during pregnancy
15.20-16.20	The hormonal factor in rheumatic diseases
16.20-16.50	Coffee Break
16.50-17.50	Round table: update on the registries

## Saturday, 10 May 2025

hrs	ROOM
08.30-09.30	Sponsored master session
09.30-10.15	Debate Session: Gyn vs Rheumatologist about immuno modulation for recurrent implantation failure and miscarrage
10.15-10.45	Coffee Break
10.45-11.45	Curbside Consultation 2 - Patient perspectives: family planning with rheumatic diseases
11.45-12.45	Long-term post-partum challenges
12.45-13.45	Closing remarks

#### **LEGENDA**

CONGRESS SESSIONS AND ORAL PRESENTATIONS

INDUSTRY-SPONSORED SYMPOSIUM

### PRELIMINARY PROGRAMME

Thursda	ay, 8	May	2025
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13:45-14:00	<b>WELCOME MESSAGE BY THE EULAR PRESIDENT</b> Chairs: K. Rosta (Vienna, Austria) A. Mazzucato-Puchner (Vienna, Austria) D. Aletaha (Vienna, Austria)
14:00-15:00	CHALLENGES OF FERTILITY IN CONTEXT OF RHEUMATIC DISEASE AND SOCIAL CHANGES Chairs: M. Grynberg (France), A. Germayer (Germany), I. Haase (Germany)
14:00-14:20	Fertility indicators and fertility trends B. Toth (Innsbruck, Austria)
14:20-14:40	Fertility preservation in rheumatic diseases M. von Wolff (Bern, Switzerland)
14:40-15:00	Assisted reproductive techniques in rheumatic diseases K. Rosta (Vienna, Austria)
15:00-16:00	UNDER THE MAGNIFYING GLASS: THE PLACENTA AS A CAUSE OF VARIOUS PREGNANCY PATHOLOGIES Chairs: B. Huppertz (Graz, Austria), J. Salmon (New York, USA)
15:00-15:20	Placenta in rheumatic diseases and pregnancy pathologies I.E.M. Bultink (Amsterdam, The Netherlands)
15:20-15:40	Can we interfere with placentation? S. Verlohren (Berlin, Germany), D. Wertaschnigg (Feldkirch, Austria)
15:40-16:00	Hypertension in pregnancy L. Poon Chiu Yee (Hong Kong, China), tbd
16:00-16:30	Coffee break
16:30-17:30	NAVIGATING PREGNANCY WITH SLE: CHALLENGES AND INNOVATIONS Chairs: C. Nelson Piercy (London, UK) E. D'Costa (Innsbruck, Austria)
16:30-16:50	How to manage advanced new therapies during pregnancy? R. Fischer-Betz (Düsseldorf, Germany)
16:50-17:10	Importance of complement in SLE R. Fritsch-Stork (Vienna, Austria)

17:10-17:30 Lupus nephritis and preeclampsia, how to differentiate G. Moroni (Milano, Italy)

#### 17:30-18:30 STAY UPDATED: NEWS ON PREGNANCY WITH...

Chairs: C. Duftner (Vienna, Austria), C. Nelson Piercy (London, UK)

#### 17:30-17:50 Inflammatory arthritis

R. Dolhain (Rotterdam, The Netherlands)

#### 17:50-18:10 Connective tissue disorders

M. Mosca (Pisa, Italy)

#### 18:10-18:30 Vasculitis

M. Clowse (Durham, USA)

# 18:30-19:00 **OPENING LECTURE - GENDER MEDICINE: INCLUSIVITY AND THE IMPORTANCE OF LANGUAGE**

Chairs: K. Rosta, A. Mazzucato-Puchner, N. Concin (Vienna, Austria), A. Kautzky-Willer (Vienna, Austria) (to be defined)

J. Steininger (Vienna, Austria)

#### **Friday, 9 May 2025**

#### 08:30-09:30 INDUSTRY - SPONSORED SYMPOSIUM (to be defined)

# 09:30-10:50 BEYOND THE CLOT: CHALLENGES IN OBSTETRIC ANTIPHOSPHOLIPID SYNDROME

Chairs: A. Tincani (Brescia, Italy), N. Costedoat-Chalumeau (Paris, France), K.I. Mayer-Pickel (Graz, Austria)

# 09:30-09:50 Implications of new classification criteria of APS - What does it mean for you?

L. Raio (Bern, Switzerland), A. Tincani (Brescia, Italy)

#### 09:50-10:10 "Ouo vadis" obstetric APS

K. Schreiber (Sønderborg, Denmark)

#### 10:10-10:30 **Impact study**

J. Salmon (New York, USA)

#### 10:30-10:50 2 oral communications to be defined

10:50-11:20 *Coffee break* 

#### 11:20-12:20 CURBSIDE CONSULTATION 1 - NEONATAL LUPUS

Chair: J. Binder (Vienna, Austria)

#### Title to be defined

**Presenter:** A. Troldborg (Aarhus, Denmark)

Discussants: J. Buyon (New York, USA), L. Raio (Bern, Switzerland),

E. Miczoch (Graz, Austria)

12:40-14:20 Lunch break and Poster tour

#### 14:20-15:20 IMMUNOSUPPRESSION DURING PREGNANCY

Chairs: B. Bermas (Dallas, USA), J. Binder (Vienna, Austria), O. Etomi (London, UK)

#### 14:20-14:40 **Update on guidelines**

F. Förger (Bern, Switzerland)

#### 14:40-15:00 Biologics during pregnancy

I. Giles (London, UK)

#### 15:00-15:20 Oops, I am pregnant! Teratogenicity and decision making

M. Hoeltzenbein (Berlin, Germany)

#### 15:20-16:20 THE HORMONAL FACTOR IN RHEUMATIC DISEASES

Chairs: to be defined

#### 15:20-15:40 The influence of hormones on the course of rheumatic diseases

M. Cutolo (Genoa, Italy)

#### 15:40-16:00 Contraception in rheumatic diseases

K. Rosta (Vienna, Austria), L. Sammaritano (New York, USA)

#### 16:00-16:20 Menopause - Hormonal therapy and alternatives in rheumatic diseases

B. Bermas (Dallas, USA), J. Ott (Vienna, Austria)

16:20-16:50 *Coffee break* 

# 16:50-17:50 ROUND TABLE: UPDATE ON THE REGISTRIES - PROSPECTIVE COHORTS - TRIALS IN PREGNANCY

Chairs: C. Chambers (San Diego, USA), T. Stamm (Vienna, Austria)

L. Andreoli (Brescia, Italy), M. Clowse (Durham, USA), N. Costedoat-Chalumeau (Paris, France), R. Fischer-Betz (Düsseldorf, Germany), F. Förger (Bern, Switzerland), D. Goll (Berlin, Germany), A. Mazzucato-Puchner (Vienna, Austria), Y. Meissner (Berlin. Germany), A. Molto (Paris, France), R. Özdemir (Duisburg, Germany), K. Schreiber (Sønderborg, Denmark), A. Tincani (Brescia, Italy), M. Wallenius (Trondheim, Norway)

#### Saturday, 10 May 2025

#### 08:30-09:30 SPONSORED MASTER SESSION TO BE DEFINED

# 09:30-10:15 DEBATE SESSION: GYNECOLOGIST VS RHEUMATOLOGIST ABOUT IMMUNOMODULATION FOR RECURRENT IMPLANTATION FAILURE AND MISCARRAGE

Chairs: to be defined

A. Makrigiannakis (Crete, Greece) vs A. Mekinian (Paris, France)

# 10:45-11:45 CURBSIDE CONSULTATION 2 - PATIENT PERSPECTIVES: FAMILY PLANNING WITH RHEUMATIC DISEASES

Chair: To be defined

#### Title to be defined

**Presenter:** C. Nelson-Piercy (London, UK)

**Discussants:** K. Klebermass (Vienna, Austria), K. Rosta (Vienna, Austria), J. Sautner (Vienna, Austria), A. Zbinden (Bern, Switzerland), **Patient** 

representative to be defined

#### 11:45-12:45 LONG-TERM POST-PARTUM CHALLENGES

Chair: A. Ulbrich (Vienna, Austria)

#### 11:45:12:05 Revisiting osteoporosis in reproductive years

Speaker to be defined

#### 12:05:12:25 **Long-term follow up of children**

L. Andreoli (Brescia, Italy)

#### 12:25-12:45 **Post-partum challenges**

**Speaker to be defined** 

#### 12:45-13:45 CLOSING REMARKS - BEYOND RHEUMATOLOGY: ETHICAL ISSUES

A. Mazzucato-Puchner, K. Rosta. J. Sautner (Vienna, Austria)

A. Drapkin Lyerly (Chapel Hill, USA)

#### **GENERAL INFORMATION**

#### **CONGRESS VENUE**

#### Austria Trend Hotel Savoyen Vienna

Rennweg 16 - 1030 Wien, Austria



#### **EACCME/UEMS CREDITS**

An application will be submitted to the EACCME® for CME accreditation of this event

CME Provider - AIM Education - Provider n. 93

Via E. Forlanini, 23, 20134 Milan, Italy

Tel. +39 02 56601.1 cme@aimgroup.eu - www.aimeducation.it

For any information, please contact the Organizing Secretariat <a href="mailto:rheumapreg2025@aimgroup.eu">rheumapreg2025@aimgroup.eu</a>

#### **KEY DATES TO REMEMBER:**

Abstract submission deadline: December 2<sup>nd</sup>, 2024

Abstract notification: December 18th, 2024

Early registration deadline: January 15th, 2025

Regular registration deadline: April 24th, 2025

#### **ENDORSEMENTS:**

We have applied for EULAR endorsement, and we will apply for accreditation from ESHRE.

#### **ORGANIZING SECRETARIAT:**



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